



TEAMSTERS BENEFITS OFFICE

FREQUENTLY USED CONTACT LIST



Lockheed Martin Employee Service Center - Pension, Payroll, Savings Plan and all 2023 Insurance Claims LMESC Portal: https://lmc.lifeatworkportal.com/ , LMPeople: https://lmpeople.com	866-562-2363
Allegiant Care Member Services – Medical, Rx, Dental and Vision Benefits. Disability and Life Insurance. Allegiant Care Benefits Member Portal: https://www.allegiantcarebenefits.com	800-258-9732 ext. 500
Teamsters 1150 – Union Hall - http://www.teamsters1150.org/	203-381-9240
Teamsters Benefits Office - http://www.teamsters1150.org/benefits Gary	203-386-4259
Optum – EAP services - https://www.eap4lmc.com Access Code: LMC	888-327-4562
Teamsters EAP Office – https://www.teamsters1150.org/eap.html Jeff Ryan Kaitlyn	203-386-5942 203-386-5941 203-701-5683
LMC Savings Plan - https://lockheedmartinsavings.empower-retirement.com/	833-562-4015
UTC/RTX Savings Plan - http://www.yourtotalrewards.com/rtx	800-243-8135
Pension Plan – UTC Portion - http://www.rtxpensioncenter.com/	855-599-2066
Pension Plan – LMC Portion - https://lmc.lifeatworkportal.com/	866-562-2363
Optum Financial (Current FSA/HSA) - https://www.optum.com/financial-services.html	877-292-4040
Heath Equity / Benefit Wallet (2023 FSA/HSA) - https://www.healthequity.com/	877-750-1445
CIGNA Healthcare - www.mycigna.com	800-244-6224
Allegiant RX - https://www.myallegiantcare.com/find-a-provider/allegiant-rx/	866-888-0103
Allegiant RX Appeals Fax Number	603-792-7218
Med-One RX (2026) - https://allegiantrx.medone-rx.com/	866-888-0103
Optum RX (2025) - https://www.optumrx.com/	844-805-9802
Delta Dental - https://www.nedelta.com/	800-832-5700
EYE-MED - https://eyemed.com/	888-581-3648
MetLife Short Term Disability	800-396-8658
MetLife T&PD – Contact Liz Macedo at Allegiant Care ext.211	800-258-9732
Amalgamated Voluntary Benefits – Nadiya Giles- https://www.amalgamatedbenefits.com	914-367-5519
CT Paid Leave - https://ctpaidleave.org/ Send Employment Verification Forms to: ctpfl.fc-rms@lmco.com	877-499-8606
FMLA, CTPL & Parental Leave Fax Send all FMLA Paperwork to: ibt-fmla.fc-rms@lmco.com Send all Parental Leave Forms to: ibt-parental-leave.fc-rms@lmco.com	770-793-3423
CT DOL Unemployment – Susan Fracasso - susan.fracasso@ct.gov	860-263-6589
Social Security - https://www.ssa.gov/	800-772-1213
Medicare - https://www.medicare.gov/	800-633-4227
American Senior Benefits - https://www.asbofne.com/teamsters Al Foschini: afoschini@brokersifs.com Maggie Foschini : mfoschini@asb.insure	860-676-0260 860-978-4818 860-690-1084
CT Workers Compensation – Bridgeport Office	203-382-5600
CT Workers Compensation Infoline	800-223-9675
Workers Comp Appointment Reporting	203-386-6863